

## **FITNESS CENTRES**

Gyms across New Brunswick offer memberships that can be tailored to your needs at prices that work for you.

They also offer group classes, personal training and virtual sessions.

### **Fit4Less GYM**

[fit4less.ca/](http://fit4less.ca/)

<b>Fredericton</b>	<b>Moncton</b>	<b>Saint John</b>
<a href="#">Fredericton Smythe</a> 471 Smythe St. Fredericton E3B 3E3	<a href="#">Moncton Main Street</a> 165 Main Street. Moncton, E1C 1B8	<a href="#">Saint John East</a> 168 Rothesay Ave, Saint John E2J 2B5
(506) 450-7036	(506) 383-1726	(506) 693-2240

### **GOODLIFE FITNESS**

[goodlifefitness](http://goodlifefitness)

<b>Fredericton</b>	<b>Moncton</b>	<b>Saint John</b>
Uptown Centre 1174 Prospect Street Fredericton, E3B 3C1	Moncton Junction Village 175 Ivan Rand Drive E, Moncton E1C 0T9	McAllister Place Mall 519 Westmorland Road, Saint John E2J 3W9
(506) 455-2255	(506) 389-5150	(506) 652-2348

### **YMCA**

[Health and Fitness | YMCA Canada](http://Health and Fitness | YMCA Canada)

<b>Fredericton</b>	<b>Moncton</b>	<b>Saint John</b>
Fredericton YMCA 570 York Street Fredericton, NB E3B 3R2	YMCA Greater Moncton 30 War Veterans Avenue Moncton, E1C 0B3	YMCA of Greater Saint John 191 Churchill Boulevard Saint John, E2K 3E2
(506) 462-3000	(506) 857-0606	(506) 693-9622